

MANUAL FOR TRANSMISSION FLAME CLASSES

To be used with the following CD's:

"The Transmission Flame Service"

"Music for AMTF Service, Resurrection Temple"

"Music for AMTF Service, Teton Retreat"

"Music for AMTF Service, Shamballa Retreat"

"Music for AMTF Monthly TFS"

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IMPORTANT NOTICE

We cordially invite you to participate in this world-wide service. It may be performed by an individual, acting alone, or by individuals joining together as a group.

If you wish to join, you should be a member of the AMTF.

DEDICATION

This manual is dedicated in deepest love and devotion to our beloved Master and teacher, the Maha Chohan, in gratitude for his great service to life through the ages. At his suggestion, counsel and guidance, the Transmission Flame classes were inaugurated to expand the sphere of influence of every retreat on the planet Earth. Through his counsel and guidance they have been developed to the present day.

From this Cosmic Being comes forth the breath that animates every human being on the planet Earth. To those who wish to dedicate a portion of that breath to the service of God, the following pages will be of assistance.

To our Lord Maha Chohan, blessed Holy Comforter, we give our gratitude and blessings for the privilege of participating in his endeavor to expand the gifts, powers, radiation and activities of the Great White Brotherhood throughout the world.

(From the original dedication of this manual, by beloved Ascended Master El Morya, in 1954)

FOREWORD

This manual, together with the CD's, "The Transmission Flame Service," "Music for AMTF Service, Resurrection Temple," "Music for AMTF Service, Teton Retreat," "Music for AMTF Service, Shamballa Retreat," and "Music for AMTF Monthly TFS Service" (for the months when we do not know which Ascended Master Retreat is open) is intended to be an all-inclusive guide for the Transmission Flame Services of the AMTF. The manual is based on the original manuscript, written in the early 1950's.

It is the mandate of Cosmic Law that every planet, in order to justify its continued existence in the galaxy, must emit a certain amount of Light (constructively qualified energy). As described at the 1990 Summer Conference, we are in a time of planetary crisis. Therefore, we must use the best tools to mitigate that crisis. *Individual forcefields (See "21 Essential Lessons") and Group Activity, incorporating the Transmission of the Flame Service, according to the Ascended Masters, are our best available vehicle to meet this situation and to guarantee the continued existence of this planet. The TFS may be performed by an individual or by a group.*

There was an enthusiastic response by many students to the plan presented at that conference and the first Transmission Flame Service was held on Saturday, November 17, 1990, at 10 am, New York time. These services are held now on Saturdays, 12 times a year. The exact dates are published in the AMTF-newsletter

The Ascended Master Retreats that are open at the same time period of every year are; Resurrection Temple, March 15 to April 14 or April 15 to May 14, depending on the date of Easter; Teton Retreat, June 15 to July 14 and December 15 to January 14; and Shamballa Retreat, November 15 to December 14. For the other eight months, use "Music for AMTF Monthly Service".

The time of the Transmission Flame Service takes into consideration the different time zones, including those in Europe. The services will start at 7 am, for those students who live in areas where the Pacific Standard Time prevails.

For Californians and those on the west coast, the thought of starting a service at 7 am might seem a lot to ask for. It should be kept in mind, however, that this inconvenience is small, when compared to the effort of the Great Ones. For example, Sanat Kumara stayed away for over two million years from his home-planet Venus; offering his fully gathered momentum of Light for the lacking Light-quota for the Earth. This act of mercy enabled all of us to continue with our lives on this planet. Then there is the effort of Archangel Michael, transmuting the effluvia of the psychic plane, to which all of us contributed, 22 out of 24 hours a day.

If we expect the Ascended Masters to assist us at any moment of any given day, is it too much to ask the student to do this service twelve times a year? Of this service the Masters said that of all the existing applications to pour forth Light to the planet, the TFS is by far the most effective.

OUTLINE FOR WORLD-WIDE TRANSMISSION OF THE FLAME SERVICE

Items necessary to perform TFS:

1. This manual and the 5 CD's mentioned before.
2. Your written notification indicating that you will perform the TFS. In the 1950's, an Ascended Master acted as a sponsor for the general location of the student(s) performing the TFS. Such an action is possible today, provided the student(s) performs the service on a regular basis and at the hour noted in this manual. The Great Ones depend on the energy of the participating students. Therefore, whenever possible, a substitute should be appointed in your location whenever you are unable to perform this service. You may withdraw from the TFS by given written notice.
3. Pictures of the Hierarchs of the retreats.
4. A clock (watch) with exact time. All services start 10 am New York time, with the Transmission of the Flame starting exactly at 11 am, New York time.

Preparation before class starts

Just before arriving at class, students prepare for service by purifying and harmonizing their four lower bodies. They recognize the importance of their part in this holy mission and they realize that the greater their own effort in the preparation of the service, the less the Ascended Masters have to spend their energy to purify and calm the four lower bodies of the student, and the more they can use their available energy towards an effective TFS.

This preparation may consist:

1. Finding on a map the location of the Retreat (if known) that initiates the action of the Transmission Flame and the Retreats you use for the Inbreath and Outbreath (see this manual).
2. Contemplation of the picture of the Hierarchy(s) of the Retreat (if available).
3. Listening to the melody that incorporates the keynote of the retreat. The keynote is a series of notes that pour forth from the retreat and its Brotherhood.
4. Before students arrive, the sanctuary director plays the music of an inspirational nature, for about 30 minutes. This draws the angelic host.
5. It is up to the group director to either light the candles before the students arrive or light the candles as part of an acolyte service. The candles are lighted from left to right, (first light blue candle, followed by yellow, and pink. They are extinguished in opposite order)

ORDER OF SERVICE FOR RESURRECTION TEMPLE

10:00: WELCOME

10:01 ACOLYTE SERVICE (Optional)

(While the candles are lit, appropriate music may be played, such as "Bells of the Meadow".)

"All hail to thee, thou mighty all-pervading Light of the universe, the supreme Source of all life 'I AM'! We kneel within our hearts in recognition of the Light of the Cosmos, as we draw forth these flames representing the three-fold activity of life as exemplified by the Holy Trinity: the Father, (lighting blue candle) the son, (lighting yellow candle) and the Holy Spirit, (lighting pink candle)." (After candles are lit, continue.)

"Beloved Cosmic I AM Presence come now and assert thy rightful authority in the four lower vehicles of all thy children and show us how to reverently and humbly express the perfectly balanced activity of love, wisdom and power which thou art.

"Oh Light Supreme, we acknowledge thee in all life, and we give gratitude to the glorious Cosmic and Ascended Beings, as we invoke them and the great angelic host to amplify the energy which we release in this class, and may that Light expand, expand, and expand as it travels throughout the universe, ever widening the borders of thy kingdom, in fulfillment of thy will 'I AM'!"

10:05 INVOCATION

"Through the love of my I AM Presence I call on the Great White Brotherhood assembled now at the Resurrection Temple and especially to Beloved Jesus and Mary, Hierarchs of the Temple.

"Establish in, through and around all who participate today throughout the world in these Transmission Flame Classes the full power and glory of the Resurrection Flame, in an ever-expanding radiance. Raise all life evolving on this planet and its atmosphere into the realm of divine consciousness and hold it there forever.

"I call directly on Archangel Michael, K17, Mighty Astrea, the Elohim of Purity, the Maha Chohan, Saint Germain, Archangel Zadkiel, Elohim Arcturus and Holy Amethyst to place a shield of invincible protection around all classes participating in this service and to transmute and purify all energies of a discordant nature. I also call on these beloved Ascended Beings to see that these classes will be held forever in the future in the spirit and according to the purpose originally envisioned by the beloved Maha Chohan in 1952."

10:07 CHARACTERISTICS OF RETREAT

Name of Retreat: Resurrection Temple. Retreat is open from March 15 through April 14 or from April 15 through May 14, depending on the time, Easter falls.

Location: Etheric Realm over the Holy Land. Hierarchs: Beloved Jesus and Mary.

Color of flame of retreat: Mother of Pearl. God-Quality of Flame: To nourish mankind and the nature kingdom with the life-essence and restoring power of the Resurrection Flame.

10:10 WORLD-WIDE PATH OF FLAME: Leader describes the world-wide path of the Resurrection Flame, starting at the Holy Land and proceeding in a West-to East direction. (See map.)

10:12 PURPOSE OF TFS: Students, by performing the rhythmic breath, are magnetizing and radiating the specific God-Quality of the open retreat into the lower vibrations in which mankind abide. The students are acting as a stepped-down transformer and the particular God-quality of the retreat is absorbed by the four lower bodies of mankind. The TFS is the most effective way to increase the Light-quota of the Earth.

- 10:17 VIOLET FLAME VISUALIZATION: (Use music selection 2, "Blue Danube".)
 Group director, while music is playing, gives the following guided visualization:
 Visualize a Violet Ray coming towards you from the realms above.
 See the Violet Ray becoming a Violet Flame, 3 ft. below you.
 See the Violet flame going upwards, surrounding your entire physical body.
 See the Violet Flame expand and cover this sanctuary.
 See the Violet Flame expand and cover the town (city) you live in, your state and your country.
 See the Violet Flame expand and cover your continent and finally
 See the Violet Flame expand and surround the entire planet and hold it there.
- 10:20 SONGS TO EL MORYA AND SAINT GERMAIN (Use music selections 3 and 4.)

PLEDGE TO SERVE

To Morya we bow!
 We, your chelas, humbly vow
 To now consecrate
 And rededicate
 Our life in your service now!
 We march in God's name!
 Protected by your flame
 'Til this Earth is free,
 Blessed One—use me!
 Help me be the Christ in action,
 In God's "I AM" name!

In me you can trust!
 I am equal to the task!
 I will give my all,
 Ready at your call!
 All you have to do is ask!
 El Morya my friend—
 I am with you 'til the end!
 Not my will but thine!
 Place your hand in mine!
 On your Bridge to Freedom chelas
 You can now depend!

Oh! How we love you!
 We will help to see it through!
 Arm us with your sword.
 And with one accord—
 We'll win even though we're few!
 We do now attest!
 We will strive to do our best!
 For vows that were sworn
 Before we were born,
 We will serve until
 The Golden Age is manifest!

Melody: Pomp and Circumstance March No. 4, Elgar

BELOVED SAINT GERMAIN

1. Saint Germain, that magic name,
 Brings to all sweet freedom's flame,
 Enables all mankind to claim
 All Light from whence they came.

Chorus:

I love you Saint Germain!
 I love your Violet Flame!
 And I love your sacred name—
 Beloved Saint Germain! (Repeat)

2. Saint Germain! Thy patience rare
 Holds the Earth in heavens care;
 Releases all life everywhere
 In freedom all may share!

3. Saint Germain! By love sublime,
 Let thy spirit through all shine;
 Make all that's human now divine,
 Beloved friend of mine!

10:27 DESCRIPTION OF THE RESURRECTION TEMPLE

In the Near East, shining in the pulsating ethers over the Holy Land, stands the Temple of the Resurrection, whose immortal Flame of Resurrection and Resuscitation are guarded and protected by the beautiful Ascended Masters, Jesus and his mother, Mary.

The Resurrection Temple is created of substance which resembles "Mother of Pearl". It is an exquisite circular temple of blazing substance that is self-luminous and radiates the tones and melodies to be found within the "Ave Maria". The Resurrection Temple is composed of seven circular corridors around a central altar from which pulsates the white fire of the Resurrection Flame in the form of a great white lily. The angel devas, cherubic and seraphic Hosts of the Resurrection Flame are constantly absorbing Its substance into themselves and then sweeping outward at the direction of the Masters who are in charge of the direction of the light rays. It is guarded and sustained by the Archangel Gabriel whose cosmic service is to bring to life again the remembrance of the God-image in which every man was originally created and which it is each individual's destiny to outpicture and manifest through the physical body.

This temple is particularly beautiful, for it is the focus of the directors of the forces of nature and the lovely elementals, representing the four kingdoms-(fire, air, water and earth), play in the atmosphere and aura of this temple at all times. The radiation of the Resurrection Temple is like a glorious rainbow of colors, and the visitation to it by those God-Beings interested in developing the capacity to resurrect the divine plan on this Earth add to its great beauty and Light. The purpose of this focus is to continue to pour into the emotional, mental and etheric and physical consciousness of all the evolutions belonging to the planet Earth, the reality of the actual power of resurrection that lies within life itself. Through the centuries, the great Maha Chohans of each age have availed themselves of the tremendous power of the Resurrection Flame. As the Spring sunshine stirs the dormant life within the nature kingdom, our Lord Maha Chohan sends forth the pulsation of the Resurrection Flame through the Earth and obedient life responds, "rising from the dead" in the miracle of Spring.

The Beloved Ascended Master Jesus endeavored to show mankind that what nature can do, man also can do! He, therefore, submitted his undefiled physical body to so-called "death" and then, through the invocation of this Resurrection Flame, he brought life back into the same body as an example to all mankind that what can be done by a flower, a shrub or a tree, can also be done by members of the human race. Jesus statement, "I AM the Resurrection and the Life"—like many other statements of the immortals repeated by mankind—is not completed. "I AM the Resurrection and the Life OF PERFECTION" is the completed statement.

Mankind for the most part, have accepted the resurrection of Jesus as a "miracle" only possible for him and have not availed themselves of the use of the Resurrection Flame to restore their own vehicles to perfection; rather submitted to disease, disintegration, decay and finally so-called "death".

The Resurrection Flame was first drawn into the atmosphere of the Earth planet by the great Krishna, who, seeing the shadow of human thought and feeling taking form in the consciousness of man, knew that the fruit of that seed would be disease, disintegration and decay, and knew further that some means of restoration of these fallen sons of God would have to be provided for, in case they desired to return to their natural God-estate.

10:32 Play keynotes of the retreat and the Hierarchs of the Retreat

1. Play keynote of the retreat (Ave Maria, Selection 5)
2. Play keynote of beloved Mary (Whispering Hope, Selection 6)

3. Play keynote of beloved Jesus (Joy to the World, Selection 7)
- 10:39 Practice session, in preparation for the actual transmission of the flame: (Do not use CD). The practice session serves the student to become familiar with performing several activities at the same time, namely the rhythmic breath together with the monthly statement and visualization. Explain rhythmic breath.
- Breathe deeply and slowly, drop shoulders, all breathing done through both nostrils and mouth closed.
- Inbreathe for a count of 8
- Hold for a count of 8
- Exhale for a count of 8
- Hold for a count of 8
- Repeat 5 times
- 10:44 Combine rhythmic breath with monthly breathing statement: As the group director leads the rhythmic breath, the entire group listens to the monthly statement. (Use selection 8.)
- I AM INBREATHING from Jesus and Mary the raising power of the Resurrection Flame.
- I AM ABSORBING " " "
- I AM EXPANDING " " "
- I AM PROJECTING " " "
- Repeat 6 times
- 10:48 Combine rhythmic breath with monthly statement and visualization: (Use selection 9.)
- During "inbreathing," visualize the location of the Resurrection Temple and the retreat west of you, (see map).
- During "absorbing," visualize the flame entering your four lower bodies. Become one with the flame.
- During "expanding," visualize the flame proceeding out of your bodies to the retreat east of you, adding your love and light (see page 35).
- During "projecting," visualize the flame circling the globe in a west-to-east direction (the flame circles the globe in one minute). Repeat entire statement 6 times.
- 10:52 Group rises and says in unison, "I AM a holy vessel through which the Ascended Host is pouring the God-quality of the Resurrection Temple".
- 10:53 Contemplative music is played to bridge the time to 11:00 am New York time. Use a selection similar to *Meditation (Thais)*. (Use selection 10.)
- 11:00 At exactly 11 am New York time, actual transmission of the flame: (Use selection 11.)
- Listen to monthly breathing statement (given 12 times), accompanied by rhythmic breathing and visualization.)
- 11:06 Visualize the flame and its color, circling the globe for 10 minutes (Use selection 12.)
- 11:16 Seal the activity and protect it, by singing "To the Seven Archangels" (Use selection 13.)

TO THE SEVEN ARCHANGELS

Michael! Michael! Michael!
Prince of the Archangels,
From the grateful hearts of all
Do songs of praise arise.
For thy heav'nly presence,
All on Earth adore thee—
God from the Sun—
In all the name implies.

Michael! Michael! Michael!
May the guardian angels
From thy heav'nly legions,
Stand forth for all to see!
Purify, illumine!
Manifest the glory
Of Light's perfection,
That each one may be.

Jophiel and Chamuel!
Gabriel and Raphael!
Uriel and Zadkiel!
And mighty hosts of Light.
Cherubim and Seraphim
From the realms of glory,
Rend now the veil
That dims our human sight.

Blessed seven Archangels,
For illumination,
We invoke thy presence
In hymns of praise to thee.
Keep us consecrated
To God's plan fulfilling;
In purity,
Thy ministers to be!

Melody : Holy, Holy, Holy

- 11:19 Benediction: Class rises. Group director states, "Mighty I AM Presence, assert and hold your dominion to help each one to understand your marvelous laws that all may maintain perfect harmony, perfect health and produce perfection. For your enfolding presence, protecting power, intelligence and love, we thank you."

We send the energy released in this ceremony to our Forcefield, for the use of the Great White Brotherhood. We give thanks for this opportunity to serve the Ascended Masters and to help bring Earth into her glorious Freedom.

- 11:21 Extinguish candles (in reverse order). Class leaves.

MUSIC SELECTIONS - RESURRECTION TEMPLE (as listed on CD)

1. Bells of the Meadow
2. Violet Flame visualization, Blue Danube.
3. Pledge to serve (To Morya We Bow)
4. Beloved Saint Germain
5. Ave Maria (Keynote of Resurrection Temple)
6. Whispering Hope (Keynote of Mother Mary)
7. Joy to the World (Keynote of Beloved Jesus)
8. Breathing statements (6x)
9. Breathing statements (6x)
10. Thais
11. Breathing statements (12x)
12. Visualization of the flame
13. To the Seven Archangels

ORDER OF SERVICE FOR TETON RETREAT

(For Preparation, see page 3)

10:00 WELCOME

10:01 ACOLYTE SERVICE (Optional)

(While the candles are lit, appropriate music may be played, such as "Bells of the Meadow".)

"All hail to thee, thou mighty all-pervading Light of the universe, the supreme Source of all life 'I AM'! We kneel within our hearts in recognition of the Light of the Cosmos, as we draw forth these flames representing the three-fold activity of life as exemplified by the Holy Trinity: the Father, (lighting blue candle) the son, (lighting yellow candle) and the Holy Spirit, (lighting pink candle)." (After candles are lit, continue.)

"Beloved Cosmic I AM Presence come now and assert thy rightful authority in the four lower vehicles of all thy children and show us how to reverently and humbly express the perfectly balanced activity of love, wisdom and power which thou art.

"Oh Light Supreme, we acknowledge thee in all life, and we give gratitude to the glorious Cosmic and Ascended Beings, as we invoke them and the great angelic host to amplify the energy which we release in this class, and may that Light expand, expand, and expand as it travels throughout the universe, ever widening the borders of thy kingdom, in fulfillment of thy will 'I AM'!"

10:05 INVOCATION

Through the love of my I AM Presence I call on the Great White Brotherhood assembled now at the Teton retreat and especially to beloved Confucius and Lord Lanto.

Establish in, through and around all who participate today throughout the world in these Transmission Flame Classes the full power and glory of the Precipitation Flame, in an ever-expanding radiance. Raise all life evolving on this planet and its atmosphere into the realm of divine *consciousness* and hold it there forever.

I call directly on Archangel Michael, K17, Mighty Astrea, the Elohim of Purity, the Maha Chohan, Saint Germain, Archangel Zadkiel, Elohim Arcturus and Holy Amethyst to place a shield of invincible protection around all classes participating in this service and to transmute and purify all energies of a discordant nature. I also call on these beloved Ascended Beings to see that these classes will be held forever in the future in the spirit and according to the purpose originally envisioned by the Beloved Maha Chohan in 1952.

10:07 CHARACTERISTICS OF RETREAT

Name of Retreat: Teton Retreat

Retreat is open from December 15 through January 14 of each year. It is also open from June 15 through July 14 of each year.

Location: Rocky Mountains, Wyoming, USA.

Hierarch: Beloved Confucius. Color of flame of retreat: Chinese Green with golden radiance; flame takes the form of a tulip. God-Quality of Flame: To intensify the power of precipitation and to bring God-ideas into manifest, physical, practical forms.

10:10 WORLD-WIDE PATH OF FLAME: (See map.) Group director describes the world-wide path of the Precipitation Flame, starting at the Teton Retreat and proceeding in a West-to East direction.

10:12 PURPOSE OF TFS: Students, by performing the rhythmic breath, are magnetizing and radiating the specific God-Quality of the open retreat into the lower vibrations in which mankind abide. The students are acting as a stepped-down transformer and the particular God-quality of the retreat is absorbed by the four lower bodies of mankind. The TFS is the most effective way to increase the Light-quota of the Earth.

- 10:17 VIOLET FLAME VISUALIZATION (Use selection 2, "Emperor's Waltz".)
 Group director, while music is playing, gives the following guided visualization:
 Visualize a Violet Ray coming towards you from the realms above.
 See the Violet Ray becoming a Violet Flame, 3 ft. below you.
 See the Violet flame going upwards, surrounding your entire physical body.
 See the Violet Flame expand and cover this sanctuary.
 See the Violet Flame expand and cover the town (city) you live in, your state and your country. See the Violet Flame expand and cover your continent and finally
 See the Violet Flame expand and surround the entire planet and hold it there.
- 10:20 SONGS TO EL MORYA AND SAINT GERMAIN: (Use selections 3 and 4.)

PLEDGE TO SERVE

To Morya we bow!
 We, your chelas, humbly vow
 To now consecrate
 And rededicate
 Our life in your service now!
 We march in God's name!
 Protected by your flame
 'Til this Earth is free,
 Blessed One—use me!
 Help me be the Christ in action,
 In God's "I AM" name!

In me you can trust!
 I am equal to the task!
 I will give my all,
 Ready at your call!
 All you have to do is ask!
 El Morya my friend—
 I am with you 'til the end!

Not my will but thine!
 Place your hand in mine!
 On your Bridge to Freedom chelas
 You can now depend!

Oh! How we love you!
 We will help to see it through!
 Arm us with your sword.
 And with one accord—
 We'll win even though we're few!
 We do now attest!
 We will strive to do our best!
 For vows that were sworn
 Before we were born,
 We will serve until
 The Golden Age is manifest!

*Melody: Pomp and Circumstance
 March No. 4, Elgar*

BELOVED SAINT GERMAIN

1. Saint Germain, that magic name,
 Brings to all sweet freedom's flame,
 Enables all mankind to claim
 All Light from whence they came.

Chorus:

I love you Saint Germain!
 I love your Violet Flame!
 And I love your sacred name—
 Beloved Saint Germain! (Repeat)

2. Saint Germain! Thy patience rare
 Holds the Earth in heavens care;
 Releases all life everywhere
 In freedom all may share!

3. Saint Germain! By love sublime,
 Let thy spirit through all shine;
 Make all that's human now divine,
 Beloved friend of mine!

10:27 DESCRIPTION OF TETON RETREAT:

The retreat is open from June 15 through July 14, and December 15 through January 14, each year. Worthy chelas may attend in projected consciousness.

Rising majestically from the plains of the Rocky Mountains of Wyoming, U.S.A., the snow capped cathedral-like spires of the Grand Teton Mountains stimulate awe, reverence and admiration of their magnificent splendor, in even the most casual observer. This ancient focus of light is dedicated primarily to the cosmic activity of radiation, expansion and actual precipitation of the divine plan for this planet.

Twice each year, in January and July, the combined Brotherhood of Masters, Divine Lords, angels and men meet together to consult with the Lords of Karma, the Silent Watchers, and the Lord of the World, how best to implement this plan.

The entire service and activity of that spiritual body of dedicated intelligent God beings known as the Great White Brotherhood is to raise the consciousness of mankind and make it possible for every individual to know perfect health of mind and body, abundance of every good and perfect thing, and to learn what God, the Father, desires that the individual shall manifest to widen the borders of his glorious kingdom. Throughout the year, in the various retreats throughout the world, selfless brothers and sisters are constantly preparing plans for the furthering of the evolution of the race, and these plans and designs are presented at the half-yearly councils in order to secure the sanction of the Lords of Karma and the necessary dispensations and grants of energy required to carry the plans into effect.

The Law governing the evolution of the race is that all benefits and blessings must come through the natural door of the consciousness of some member of the race yet embodied and belonging to the realm in which the blessing is to manifest. This is evident, because the long course of history proves without question of a doubt that, although all the inventions and discoveries and blessings existed in the mind of God and were easily perceived by those who had earned the right to live in his presence, these gifts did not become the property of the race until one of their number grasped the idea and drew it through the energies of his own world. Even Jesus had to take on a physical body, to translate the word of God to man!

It is to secure the cooperation and interest of the constructive students of life who attend these half yearly councils that the members of the Brotherhood present their various petitions and plans. Upon the amount of interest shown by the embodied lifestreams, who, in the greater freedom of their inner bodies are privileged to participate in these councils, depends the extent of the grants and dispensations handed down to the Brothers by the Karmic Board.

For several days before the Great Audience Chamber is opened, the Brothers gather and present to the keeper of the records the particular plans and designs which their individual retreats are sponsoring. These plans are fastened on a gigantic bulletin board and each retreat is assigned a conference room where one of the Brothers is always in attendance upon any lifestream who has read with interest the proposed plan who signifies a willingness to contribute the voluntary energies of his own waking consciousness to forward such a plan. Thus, before the general presentation of the plans and designs, the Brothers have a comprehensive idea of how many sponsors, from among the human race, will be willing to stand up when the spokesman for the Karmic Board asks "And who, among the sons of men, will offer you their energies and their consciousness to forward your plan, despite any personal discomfort or inconvenience which such selfless service may entail?"

After the plans and designs are heard, and the sponsors from among the human race

C

flame circles the globe in one minute).

Repeat 6 times.

- 10:52 Group rises and says in unison, "I AM a holy vessel through which the Ascended Host is pouring the God-quality of the Teton Retreat."
- 10:53 Contemplative music is played to bridge the time to 11:00 am New York time. [Use selection 8 (Thais).]
- 11:00 At exactly 11 am New York time, actual transmission of the flame. (Use selection 9.) Listen to monthly breathing statement (given 12 times), accompanied by rhythmic breathing and visualization.
- 11:06 Visualize the flame and its color, circling the globe for 10 minutes. (Use selection 10.)
- 11:16 Seal the activity and protect it, by singing "To the Seven Archangels". (Use selection 12.)

TO THE SEVEN ARCHANGELS

Michael! Michael! Michael!
Prince of the Archangels,
From the grateful hearts of all
Do songs of praise arise.
For thy heav'nly presence,
All on Earth adore thee—
God from the Sun—
In all the name implies.

Michael! Michael! Michael!
May the guardian angels
From thy heav'nly legions,
Stand forth for all to see!
Purify, illumine!
Manifest the glory
Of Light's perfection,
That each one may be.

Jophiel and Chamuel!
Gabriel and Raphael!
Uriel and Zadkiel!
And mighty hosts of Light.
Cherubim and Seraphim
From the realms of glory,
Rend now the veil
That dims our human sight.

Blessed seven Archangels,
For illumination,
We invoke thy presence
In hymns of praise to thee.
Keep us consecrated
To God's plan fulfilling;
In purity,
Thy ministers to be!

Melody : Holy, Holy, Holy

- 11:19 Benediction: Class rises. Group director states, "Mighty I AM Presence, assert and hold your dominion to help each one to understand your marvelous laws that all may maintain perfect harmony, perfect health and produce perfection. For your enfolding presence, protecting power, intelligence and love, we thank you."

We send the energy released in this ceremony to our Forcefield, for the use of the Great White Brotherhood. We give thanks for this opportunity to serve the Ascended Masters and to help bring Earth into her glorious Freedom.

- 11:21 Extinguish candles (in reverse order). Class leaves.

MUSIC SELECTIONS - TETON RETREAT

1. Bells of the Meadow
2. Violet Flame visualization, Emperor's Waltz
3. Pledge to Serve (To Morya We Bow)
4. Beloved Saint Germain
5. Evening Star (Keynote of the Retreat)
6. Breathing Statements (6x)
7. Breathing Statements (6x)
8. Thais
9. Breathing Statements (12x)
10. Visualization of the Flame
11. To the Seven Archangels

ORDER OF SERVICE FOR SHAMBALLA RETREAT

10:00 WELCOME

10:01 ACOLYTE SERVICE

(While the candles are lit, appropriate music may be played, such as "Bells of the Meadow".)

"All hail to thee, thou mighty all-pervading Light of the universe, the supreme Source of all life 'I AM'! We kneel within our hearts in recognition of the Light of the Cosmos, as we draw forth these flames representing the three-fold activity of life as exemplified by the Holy Trinity: the Father, (lighting blue candle) the son, (lighting yellow candle) and the Holy Spirit, (lighting pink candle)." (After candles are lit, continue.)

"Beloved Cosmic I AM Presence come now and assert thy rightful authority in the four lower vehicles of all thy children and show us how to reverently and humbly express the perfectly balanced activity of love, wisdom and power which thou art.

"Oh Light Supreme, we acknowledge thee in all life, and we give gratitude to the glorious Cosmic and Ascended Beings, as we invoke them and the great angelic host to amplify the energy which we release in this class, and may that Light expand, expand, and expand as it travels throughout the universe, ever widening the borders of thy kingdom, in fulfillment of thy will 'I AM'!"

10:05 INVOCATION

Through the love of my I AM Presence I call on the Great White Brotherhood assembled now at the Shamballa Retreat and especially to Beloved Lord Gautama.

Establish in, through and around all who participate today throughout the world in these Transmission Flame Classes the full power and glory of the Threefold flame, in an ever-expanding radiance. Raise all life evolving on this planet and its atmosphere into the realm of divine *consciousness* and hold it there forever.

I call directly on Archangel Michael, K17, Mighty Astrea, the Elohim of Purity, the Maha Chohan, Saint Germain, Archangel Zadkiel, Elohim Arcturus and Holy Amethyst to place a shield of invincible protection around all classes participating in this service and to transmute and purify all energies of a discordant nature. I also call on these beloved Ascended Beings to see that these classes will be held forever in the future in the spirit and according to the purpose originally envisioned by the Beloved Maha Chohan in 1952.

10:07 CHARACTERISTICS OF RETREAT

Name of Retreat: Shamballa.

Retreat is open from November 15 through December 14 of each year.

Location: In the etheric realm over Gobi Desert. Hierarch: Beloved Lord Gautama.

Keynote of Hierarch and Retreat: *Song of India*.

Former Hierarch: Beloved Sanat Kumara. His Keynote: Caprice Viennois.

Color of flame of retreat: Threefold Flame (pink, sunshine yellow and blue).

God-Quality of Flame: The balanced activity of love, wisdom and power.

10:10 THE PATH OF FLAME: (See map.) Group director describes the world-wide path of the flame, starting at Shamballa, in a west to east direction. He also names the retreat West and East from you.

10:12 PURPOSE OF TFS: Students, by performing the rhythmic breath, are magnetizing and radiating the specific God-quality of the open retreat into the lower vibrations in which mankind abide. The students are acting as a stepped-down transformer and the particular God-quality of the retreat is absorbed by the four lower bodies of mankind. The TFS is the most effective way to increase the Light-quota of the Earth.

- 10:17 VIOLET FLAME VISUALIZATION: (Use selection 2, "Emperor's Waltz".)
 Group director, while music is playing, gives the following guided visualization:
 Visualize a Violet Ray coming towards you from the realms above.
 See the Violet Ray becoming a Violet Flame, 3 ft. below you.
 See the Violet flame going upwards, surrounding your entire physical body.
 See the Violet Flame expand and cover this sanctuary.
 See the Violet Flame expand and cover the town (city) you live in, your state and your country.
 See the Violet Flame expand and cover your continent and finally,
 See the Violet Flame expand and surround the entire planet and hold it there.
- 10:20 SONGS TO EL MORYA AND SAINT GERMAIN: (Use selections 3 and 4.)

PLEDGE TO SERVE

To Morya we bow!
 We, your chelas, humbly vow
 To now consecrate
 And rededicate
 Our life in your service now!
 We march in God's name!
 Protected by your flame
 'Til this Earth is free,
 Blessed One—use me!
 Help me be the Christ in action,
 In God's "I AM" name!

In me you can trust!
 I am equal to the task!
 I will give my all,
 Ready at your call!
 All you have to do is ask!
 El Morya my friend—
 I am with you 'til the end!
 Not my will but thine!
 Place your hand in mine!
 On your Bridge to Freedom chelas
 You can now depend!

Oh! How we love you!
 We will help to see it through!
 Arm us with your sword.
 And with one accord—
 We'll win even though we're few!
 We do now attest!
 We will strive to do our best!
 For vows that were sworn
 Before we were born,
 We will serve until
 The Golden Age is manifest!

*Melody: Pomp and Circumstance
 March No. 4, Elgar*

BELOVED SAINT GERMAIN

1. Saint Germain, that magic name,
 Brings to all sweet freedom's flame,
 Enables all mankind to claim
 All Light from whence they came.

Chorus:

I love you Saint Germain!
 I love your Violet Flame!
 And I love your sacred name—
 Beloved Saint Germain! (Repeat)

2. Saint Germain! Thy patience rare
 Holds the Earth in heavens care;
 Releases all life everywhere
 In freedom all may share!

3. Saint Germain! By love sublime,
 Let thy spirit through all shine;
 Make all that's human now divine,
 Beloved friend of mine!

10:27 DESCRIPTION OF SHAMBALLA RETREAT (by beloved Ascended Master El Morya, Nov.1953):

As the yearly cycle draws to a close, the Lord of the World again invites the members of The Great White Brotherhood, and all the officers of the Spiritual Hierarchy to the HOME of the spiritual court for the planet earth, and her evolving lifestreams at the mystic SHAMBALLA, whose name vibrates through the souls of both the initiate and chela, bringing remembrance of the perfection of life which they have vowed to serve!

Millions of years have passed since the voluntary exiles from the planet Venus came to our earth and joined their shining spirits to the wheel of birth and death, in order that they might build together a beautiful city of light which would be worthy to be host to the great Sanat Kumara and his thirty guardian spirits.

For over nine hundred years, these friends of Venus labored and at last the beautiful Shamballa, with its glorious temples and lovely arched bridge connecting the White Island with the mainland, was completed. Then the blessed laborers knelt in reverence and homage as the heavens opened and the descent of the Lord of Love with his court brought to the earth a new hope for redemption. There was an assurance from the Cosmic Law that, for an indeterminate time, the life and sustenance of the planet would be provided through his sacrifice and in the hope that Sanat Kumara and his loving helpers might evolve a way and means of securing the interest of mankind in learning to draw and radiate the light required to keep the planet in the planetary system.

Out of his own life energy, Sanat Kumara pledged the Cosmic Law to radiate the amount of light required to warrant the investment of the energies of both the Sun and the directors of the elemental kingdom in providing a sustained planetary home for a recalcitrant evolution.

A practical plan had then to be devised whereby the natural children of earth and their pledged guardian spirits might be awakened to their own responsibility in creating an aura of Light for their planet, which would satisfy the demands of the Cosmic Law and allow Sanat Kumara to return to his own star, Venus, where his beloved twin ray, who had promised to sustain his service during his exile, awaits him.

Thus was born the Great White Brotherhood. Slowly, through the centuries, the love and light of Sanat Kumara have drawn the awakening chelas toward Shamballa. Here, in the inner bodies, they first become members of his spiritual court and as time passes they develop within themselves a remembrance of the consciousness of the Brotherhood. It was through this awakened consciousness that the first illumined members of the humanity prepared themselves to assume certain offices held, up to that time, by guardian spirits from other planets and stars. *Now, the Cosmic Law has issued a fiat that the exile of Sanat Kumara shall be consummated within the next twenty year period, and, if the Earth is to maintain her place in the planetary system, the sons and daughters of the planet must learn to emit the individual and collective light required to make the Earth a self-luminous star of freedom in our system.* All those who are interested in learning how to control the energies of their own heartbeat and contribute to the electronic light required, are invited to join the great cosmic council at Shamballa, by directing their consciousness toward It before they lay their bodies down to sleep at night. Here they may sit at the feet of the beloved Sanat Kumara and absorb the wisdom and knowledge of his inner court during the thirty-day period when the retreat is active.

(Editors Note: The above dictation was published in November, 1953. Shortly thereafter, in January 1956, Sanat Kumara was able to return to Venus. This action was made possible by a few dedicated chelas, perhaps 150 in number, who through participating in

the Transmission Flame Services were able to contribute sufficient collective Light-Energy to this planet to make this possible. Just a few volunteers, and disaster of colossal proportion was averted! Another example which shows how a few dedicated chelas can make a difference.)

10:32 PLAY "SONG OF INDIA" AND "CAPRICE VIENNOIS" (Selections 5 and 6)

10:39 Practice session in preparation for the actual transmission of the flame: The practice session serves the student to become familiar with performing several activities at the same time, namely the rhythmic breath together with the monthly statement and visualization. Explain rhythmic breath.

(Do not use CD.) Breathe deeply and slowly, drop shoulders, all breathing done through both nostrils and mouth closed.

Inbreathe for a count of 8

Hold for a count of 8

Exhale for a count of 8

Hold for a count of 8

Repeat 5 times

10:44 Combine rhythmic breath with monthly breathing statement: (Use selection 7.) As the group director leads the rhythmic breath, the entire group listens to the monthly statement given on selection 7, which is:

"I AM INBREATHING from beloved Shamballa its balance of love, wisdom and power.

"I AM ABSORBING " " "

"I AM EXPANDING " " "

"I AM PROJECTING " " "

Repeat 6 times

10:48 Combine rhythmic breath with monthly statement and visualization:
(Use selection 8).

During "inbreathing," visualize the location of the Shamballa Retreat and the retreat west of you.

During "absorbing," visualize the flame entering your four lower bodies. Become one with the flame.

During "expanding," visualize the flame proceeding out of your bodies to the retreat east of you, adding your love and light (see page 35).

During "projecting," visualize the flame circling the globe in a west-to-east direction (the flame circles the globe in one minute).

Repeat 6 times.

10:52 Group rises and says in unison, "I AM a holy vessel through which the Ascended Host is pouring the God-quality of the Shamballa Retreat".

10:53 Contemplative music is played to bridge the time to 11:00 am New York time. Use selection 9 (Thais).

11:00 At exactly 11 am New York time, actual transmission of the flame. (Use selection 10.) Listen to monthly breathing statement (given 12 times), accompanied by rhythmic breathing and visualization.

11:06 Visualize the flame and its color, circling the globe for 10 minutes. (Use selection 11.)

11:16 Seal the activity and protect it, by singing "To the Seven Archangels" (Use selection 12.)

TO THE SEVEN ARCHANGELS

Michael! Michael! Michael!
Prince of the Archangels,
From the grateful hearts of all
Do songs of praise arise.
For thy heav'nly presence,
All on Earth adore thee—
God from the Sun—
In all the name implies.

Michael! Michael! Michael!
May the guardian angels
From thy heav'nly legions,
Stand forth for all to see!
Purify, illumine!
Manifest the glory
Of Light's perfection,
That each one may be.

Jophiel and Chamuel!
Gabriel and Raphael!
Uriel and Zadkiel!
And mighty hosts of Light.
Cherubim and Seraphim
From the realms of glory,
Rend now the veil
That dims our human sight.

Blessed seven Archangels,
For illumination,
We invoke thy presence
In hymns of praise to thee.
Keep us consecrated
To God's plan fulfilling;
In purity,
Thy ministers to be!

Melody : Holy, Holy, Holy

11:19 (Class rises). Group director states, "Mighty I AM Presence, assert and hold your dominion to help each one to understand your marvelous laws that all may maintain perfect harmony, perfect health and produce perfection. For your enfolding presence, protecting power, intelligence and love, we thank you."

We send the energy released in this ceremony to our Forcefield, for the use of the Great White Brotherhood. We give thanks for this opportunity to serve the Ascended Masters and to help bring Earth into her glorious Freedom.

11:21 Extinguish candles (in reverse order). Class leaves.

MUSIC SELECTIONS -SHAMBALLA RETREAT

1. Bells of the Meadow
2. Violet Flame visualization, Emperor's Waltz
3. Pledge to Serve (To Morya We Bow)
4. Beloved Saint Germain
5. Song of India (Keynote of Lord Gautama)
6. Caprice Viennois (Keynote of Sanat Kumara, now Regent)
7. Breathing Statements (6x)
8. Breathing Statements (6x)
9. Thais
10. Breathing Statements (12x)
11. Visualization of the Flame
12. To the Seven Archangels

AMTF MONTHLY TFS

(Held monthly, on Saturdays, when we do not know which Ascended Master Retreat is open)

10:00 WELCOME

INTRODUCTION

In a dictation, listed in the book "The Seven Beloved Elohim Speak," Elohim Orion explained to the students that it would be helpful to sing any hymn. He would then use the Violet Flame to transmute the constructively qualified energy of the song to manifest the result of the students' wishes. The same principle is used in this service. We are giving the authority to the Ascended Master Saint Germain and the Seven Mighty Elohim to connect to the forcefield used in this service so the energy may be used in the Transmission of the Flame of the Retreat currently open.

10:01 ACOLYTE SERVICE

(While the candles are lit, appropriate music may be played, such as "Bells of the Meadow".)

"All hail to thee, thou mighty all-pervading Light of the universe, the supreme Source of all life 'I AM'! We kneel within our hearts in recognition of the Light of the Cosmos, as we draw forth these flames representing the three-fold activity of life as exemplified by the Holy Trinity: the Father, (lighting blue candle) the son, (lighting yellow candle) and the Holy Spirit, (lighting pink candle)." (After candles are lit, continue.)

"Beloved Cosmic I AM Presence come now and assert thy rightful authority in the four lower vehicles of all thy children and show us how to reverently and humbly express the perfectly balanced activity of love, wisdom and power which thou art.

"Oh Light Supreme, we acknowledge thee in all life, and we give gratitude to the glorious Cosmic and Ascended Beings, as we invoke them and the great angelic host to amplify the energy which we release in this class, and may that Light expand, expand, and expand as it travels throughout the universe, ever widening the borders of thy kingdom, in fulfillment of thy will 'I AM'!"

10:03 INVOCATION

Through the love of my I AM Presence I call on the Great White Brotherhood assembled now at the Retreat that is open.

Establish in, through and around all who participate today throughout the world in these Transmission Flame Classes the full power and glory of the Threefold flame, in an ever-expanding radiance. Raise all life evolving on this planet and its atmosphere into the realm of divine *consciousness* and hold it there forever.

I call directly on Archangel Michael, K17, Mighty Astrea, the Elohim of Purity, the Maha Chohan, Saint Germain, Archangel Zadkiel, Elohim Arcturus and Holy Amethyst to place a shield of invincible protection around all classes participating in this service and to transmute and purify all energies of a discordant nature. I also call on these beloved Ascended Beings to see that these classes will be held forever in the future in the spirit and according to the purpose originally envisioned by the Beloved Maha Chohan in 1952.

10:05 THE PATH OF FLAME: (See map.) Group director describes the world-wide path of the flame is in a west to east direction. He also names the retreat West and East from you.

10:07 PURPOSE OF TFS: Students, by performing the rhythmic breath, are magnetizing and radiating the specific God-quality of the open retreat into the lower vibrations in which mankind abide. The students are acting as a stepped-down transformer and the particular God-quality of the retreat is absorbed by the four lower bodies of mankind. The TFS is the most effective way to increase the Light-quota of the Earth.

Read discourse by Maha Chohan (Sept. 19, 1953, p. 29)

- 10:14 VIOLET FLAME VISUALIZATION (Use music selection 2, "Blue Danube".)
Group director, while music is playing, gives the following guided visualization:

Visualize a Violet Ray coming towards you from the realms above.
See the Violet Ray becoming a Violet Flame, 3 ft. below you.
See the Violet flame going upwards, surrounding your entire physical body.
See the Violet Flame expand and cover this sanctuary.
See the Violet Flame expand and cover the town (city) you live in, your state and your country.
See the Violet Flame expand and cover your continent and finally,
See the Violet Flame expand and surround the entire planet and hold it there.

- 10:18 SONGS TO EL MORYA AND SAINT GERMAIN: (Use selections 3 and 4.)

PLEDGE TO SERVE

To Morya we bow!
We, your chelas, humbly vow
To now consecrate
And rededicate
Our life in your service now!
We march in God's name!
Protected by your flame
'Til this Earth is free,
Blessed One—use me!
Help me be the Christ in action,
In God's "I AM" name!

In me you can trust!
I am equal to the task!
I will give my all,
Ready at your call!
All you have to do is ask!
El Morya my friend—
I am with you 'til the end!
Not my will but thine!
Place your hand in mine!
On your Bridge to Freedom chelas
You can now depend!

Oh! How we love you!
We will help to see it through!
Arm us with your sword.
And with one accord—
We'll win even though we're few!
We do now attest!
We will strive to do our best!
For vows that were sworn
Before we were born,
We will serve until
The Golden Age is manifest!

*Melody: Pomp and Circumstance
March No. 4, Elgar*

BELOVED SAINT GERMAIN

1. Saint Germain, that magic name,
Brings to all sweet freedom's flame,
Enables all mankind to claim
All Light from whence they came.

Chorus:
I love you Saint Germain!
I love your Violet Flame!
And I love your sacred name—
Beloved Saint Germain! (Repeat)

2. Saint Germain! Thy patience rare
Holds the Earth in heavens care;
Releases all life everywhere
In freedom all may share!

3. Saint Germain! By love sublime,
Let thy spirit through all shine;
Make all that's human now divine,
Beloved friend of mine!

Give your attention to your I AM Presence, as shown on the Chart. Pour your love and gratitude toward it. Ask the Presence to guide you this day. Then give, with deep feeling, the following decrees:

1. In the name of my I AM Presence and in the name of all mankind, I give now full authority for the Earth and all world conditions to the beloved Seven Elohim, the Ascended Masters Saint Germain, El Morya and the Maha Chohan, to bring into manifestation the divine plan fulfilled! I also give Saint Germain and the Seven Mighty Elohim the authority to connect to the forcefield used in this service so it may be used in the transmission of the Flame of the Retreat currently open. May this energy increase the effort and effectiveness of the Ascended Host to radiate the God-Virtue of this retreat to mankind.

2. Beloved Mighty I AM Presence and beloved Archangel Michael, intensify your protective pillar of pure light substance through and around me, charged with your invincible protection, all-powerful and impenetrable.

3. Beloved mighty victorious I AM Presence, Archangel Michael, Angels of Blue Flame and beloved Ascended Lady Master Astrea,

Lock your Cosmic Circle and Sword of Blue Flame in, through and around all misqualified energy around me and all mankind. (3)

Seize and render this energy ineffective. Transmute, transmute, transmute it all, causes, cores, effect, record and memory! (3)

Illumine, illumine illumine the source and see that this energy may not act or encroach upon life any longer! (3)

4. I AM the Law of Forgiveness for myself and all mankind for all mistakes, misqualified energy, and for straying from the Light. (3)

5. Mighty I AM Presence, beloved Ascended Master Saint Germain, Archangel Zadkiel and Amethyst, blaze through and around me the Transmuting Violet Flame, thy Sacred Fire. Purify and transmute all energy ever misqualified by me. Keep this flame sustained and powerfully active.

6. Mighty I AM Presence, you direct my activity, world and affairs! Take full command of me, guide and illumine me every step of the way. See that I render the greatest service possible. See in your wisdom that I make the ascension at the close of this embodiment. I AM the ascension manifesting! I thank you, beloved I AM.

Become still. Send love and feelings of gratitude to one or more of the Ascended Masters, use his/her picture. Contemplate the consciousness, nature and feelings of the Ascended Master. Thank him for his assistance now and during the day. Send love and gratitude to the angelic and elemental kingdom, including your ministering angel and body elemental. On the return current, accept the energies radiated to you.

I/we dedicate the energies of this service to the beloved Ascended Beings, assembled at the retreat that is now open.

Grant our petition that all Cosmic Messengers that cross interstellar space close to the Earth are invited to visit our planet and that a portion of their energy will be available to the Great White Brotherhood to fulfill the Divine Plan for our Earth, including expanding the teachings of the Bridge to Freedom.

We invoke, in mercy, the assistance of every planet in every galaxy which allowed even one laggard from their planet the hospitality of Earth as a schoolroom! Send Divine Beings from those planets to help in the redemption of the laggards and their distorted creations, right now!

We also ask that the offer of all Ascended Beings from other planets, desiring to help Earth, will be gratefully and joyously accepted.

GUARDIANS OF TRUTH DECREE

Beloved Mighty Victorious I AM Presence, beloved Helios and Vesta, Goddess of Light, all of the mighty Elohim and their Divine Complements, Archangels of the Seven Rays and their Divine Complements, Mighty Victory, Pallas Athena, all Chohans of the Seven Rays, the Maha Chohan, Jesus, Kuthumi, K-17, and all Powers and Legions of Light, as an outpost of the Brotherhood of Truth, I decree:

Raise up Guardians of Truth who will carry forth the original teachings of the Bridge to Freedom from generation to generation. Protect all members of the AMTF. See that every member experiences perfect health, perfect supply, and perfect finances, on a daily basis. Hold each one steady in the effort to reach perfection, to serve the Light, and to obtain the ascension.

Release, release, release the necessary protection for the Earth, and protect, protect, protect the Earth and all thereon that is constructive. Keep all governments and all groups free from all destructive individuals and those who are opposed to the original divine plan for any country. Raise up Ascended Master candidates to positions of power.

Reveal all that is hidden and not of the Light. CHARGE, CHARGE, CHARGE, the beautiful green Flame of Cosmic Christ Truth into the CAUSE AND CORE of every shadow of human creation!

CHARGE, CHARGE, CHARGE the green flame of cosmic Christ Truth into all of mankind, and give them the power of discrimination so much needed at this time.

Stop all forces that attempt to prevent the victory of Saint Germain's Cause of Freedom. Let there be freedom of expression in newspaper reporting and in any other public media, in all countries!

Seize all energy meant for war, purify it cause and core,
Use this energy free from hate to raise the Earth to God-estate.
Friends of freedom, arise, arise, arise to the call of the mighty I AM,
Friends of freedom, unite, unite, unite to the call of the mighty I AM,
Set our country free and all her people free.
Set the rest of the world free and all her people free!

I AM THE VICTORY OF THE DIVINE PLAN FOR THE GUARDIANS OF TRUTH (3)

I AM THE VICTORY OF THE EXPANSION OF THE TEACHINGS OF THE BRIDGE
TO FREEDOM (3)

I AM THE VICTORY OF THE PLAN OF THE GREAT WHITE BROTHERHOOD (3)

I AM THE VICTORY OF THE PLAN FOR THE INCOMING AVATAR AND HIS
VICTORIOUS ACCOMPLISHMENT (3)

I AM THE VICTORY OF SAINT GERMAIN'S CAUSE OF FREEDOM (3)

Beloved I AM! (3)

By God's own hand! (3)

By Cosmic Blue Ray! (3)

Do it today! (3)

Do it to stay! (3)

DECREE FOR OPEN RETREATS

In the name, power and authority of my I AM presence, I call on the Ascended Beings Victory, the Goddess of Liberty, the Goddess of Light, Archangel Michael, the Maha Chohan, Saint Germain, El Morya, and Mother Mary:

I ask for your assistance in obtaining, in a real and tangible way, a list of the Ascended Master Retreats which will be open during each calendar year.

If this request is granted, I pledge to perform all Transmission of the Flame Services on a monthly basis.

I AM the victory of the expansion of the teachings of the Original Bridge to Freedom!
I AM the victory of the plan of the Ascended Master Saint Germain, in bringing in the new Golden Age!

Beloved I AM! (3)
By God's own hand! (3)
Do it today! (3)
Do it to stay! (3)

LIGHT DESCEND DECREE

In the name, power, and authority of my Mighty I AM Presence, I call on beloved Helios and Vesta, the Goddess of Light, the Maha Chohan, and the powers and Legions of Light throughout infinity:

I invoke the Light of God that never fails and the cosmic peace that passeth the understanding of the human mind. Into every nation of the Earth, I command into action here and now:

LIGHT DESCEND! LIGHT DESCEND!
LIGHT DESCEND, DESCEND, DESCEND!
LIGHT DEFEND! LIGHT DEFEND!
LIGHT DEFEND, DEFEND, DEFEND!
LIGHT COMMAND! LIGHT COMMAND!
LIGHT COMMAND, COMMAND, COMMAND!
LIGHT I AM! LIGHT I AM! LIGHT I AM! I AM! I AM! (3X)

10:39 Practice session in preparation for the actual transmission of the flame: The practice session serves the student to become familiar with performing several activities at the same time, namely the rhythmic breath together with the monthly statement and visualization. Explain rhythmic breath.

(Do not use CD.)

Breathe deeply and slowly, drop shoulders, all breathing done through both nostrils and mouth closed.

Inbreathe for a count of 8

Hold for a count of 8

Exhale for a count of 8

Hold for a count of 8

(Repeat 5 times.)

- 10:44 Combine rhythmic breath with monthly breathing statement: (Use selection 5.) As the group director leads the rhythmic breath, the entire group listens to the monthly statement given on selection 5, which is:
- "I AM INBREATHING from the Open Retreat the radiance and God Quality of the Flame.
 "I AM ABSORBING " " "
 "I AM EXPANDING " " "
 "I AM PROJECTING " " "
 Repeat 5 times
- 10:48 Combine rhythmic breath with monthly statement and visualization: (Use selection 6.)
- During "inbreathing," visualize the Violet Flame coming toward you, from a westerly direction.
- During "absorbing," visualize the Violet Flame entering your four lower bodies. Become one with the flame.
- During "expanding," visualize the Violet Flame proceeding out of your bodies to the retreat east of you, adding your love and light (see page 35).
- During "projecting," visualize the Violet Flame circling the globe in a west-to-east direction (the flame circles the globe in one minute).
- Repeat entire statement 5 times.
- 10:52 Group rises and says in unison, "I AM a holy vessel and forcefield through which the Ascended Host is pouring forth now the God-quality of the Flame of the Open Retreat".
- 10:53 Contemplative music is played to bridge the time to 11:00 am New York time. [Use selection 7 (Thais).]
- 11:00 At exactly 11 am New York time, actual transmission of the flame. (Use selection 8.) Listen to monthly breathing statement (given 12 times), accompanied by rhythmic breathing and visualization.
- 11:06 Visualize the Violet Flame and its color, circling the globe for 10 minutes. (Use selection 9.)
- 11:16 Seal the activity and protect it, by singing "To the Seven Archangels". (Use selection 10.)

TO THE SEVEN ARCHANGELS

Michael! Michael! Michael!
 Prince of the Archangels,
 From the grateful hearts of all
 Do songs of praise arise.
 For thy heav'nly presence,
 All on Earth adore thee—
 God from the Sun—
 In all the name implies.

Michael! Michael! Michael!
 May the guardian angels
 From thy heav'nly legions,
 Stand forth for all to see!
 Purify, illumine!
 Manifest the glory
 Of Light's perfection,
 That each one may be.

Jophiel and Chamuel!
 Gabriel and Raphael!
 Uriel and Zadkiel!
 And mighty hosts of Light.
 Cherubim and Seraphim
 From the realms of glory,
 Rend now the veil
 That dims our human sight.

Blessed seven Archangels,
 For illumination,
 We invoke thy presence
 In hymns of praise to thee.
 Keep us consecrated
 To God's plan fulfilling;
 In purity,
 Thy ministers to be!

Melody : Holy, Holy, Holy

11:19 (Class rises.) Group director states, "Mighty I AM Presence, assert and hold your dominion to help each one to understand your marvelous laws that all may maintain perfect harmony, perfect health and produce perfection. For your enfolding presence, protecting power, intelligence and love, we thank you."

We send the energy released in this ceremony to our Forcefield, for the use of the Great White Brotherhood. We give thanks for this opportunity to serve the Ascended Masters and to help bring Earth into her glorious Freedom.

11:21 Extinguish candles (in reverse order). Class leaves.

MUSIC SELECTIONS – AMTF MONTHLY TFS

1. Bells of the Meadow
2. Violet Flame Visualization, Blue Danube
3. Pledge to Serve (To Morya We Bow)
4. Beloved Saint Germain
5. Breathing Statements (6X)
6. Breathing Statements (6X)
7. Thais
8. Breathing Statements (12X)
9. Visualization of the Flame
10. To the Seven Archangels

EXCERPTS FROM MAHA CHOHAN'S INSTRUCTIONS MARCH 23, 1952

Every activity and every individual has a forcefield around them. I have chosen to call this, the sphere of influence, beyond which the directed vibrations are not *potent enough* to become *the master activity*. In other words, the farther from the body pass the rays of an individual or a sanctified flame, the less strength they have. After that, some other creative center dominates the energy from the periphery of such a sphere of influence. For instance, to explain it in a homely fashion, a radio or television transmitter can only send a program for a certain distance and individuals who have receiving sets will find that if there is a powerful station nearer to them than the one in which they are interested at the moment, the predominating power station is the one most likely to come in over their radio, despite their choice.

In cross country or international transmission of programs, for example, subsidiary stations take up the original vibration which has exhausted its transmitting power, revitalize it and send it forth again to a new and further point which can be benefited by such a transmission.

The Masters of Wisdom, through the cooperation of the chelas, have used this means of transmitting vital forces and directing them for many centuries, but it is expedient in this New Day that the "Receiving Station" who becomes part of the lifeline be alert enough to regenerate the blessing and then direct it on its course to a new portion of humanity. Through the energy of another trained individual or group who is waiting by pre-arranged signal to receive the projected will of the Master as well as the radiation, at that point on the Earth's surface, they pass it on until it arrives back again at the original broadcasting center, after encircling the planet.

If the stations from New York to California did not immediately relay the vibration they carried of a national program, it would be impossible for a New York concert to reach say Los Angeles, or vice versa.

In the case of the retreats, more especially the one that is active for the month, those nearest to it are most powerfully influenced and benefited. It is particularly difficult to project radiation across large bodies of water, like oceans. The number of generating centers combined, effect the power of transmission, of course, as well as their individual capacities, but in this new activity wherein spiritual foci are opened for world benefit—if we could establish groups of conscious chelas in KEY POSITIONS particularly along the sea coasts, and on the rocky outcroppings of the various continents, they could, at set hours, *receive* the directed force from the active retreat and then, as mechanically as the radio company, transmit that blessing through the very energies of their bodies to waiting groups in each continent who, in turn, would project the force, without the loss of its efficacy.

This, in reverse is what the tom-tom drums of Africa do which excite the passions of war, but which shows the power of conveyed vibrations. It is also the method used in sending mystic messages through the length and breadth of India in a split second. However, our method would depend on conscious, reliable and responsible "Way Stations" who are always (not when they feel amiable only) both *receivers* and *transmitters*.

To be a receiver without being willing to be a *transmitter* is a grievous fault.

Every active retreat is dedicated to a special quality necessary to the evolution of the race as well as to the individual and the procedure the Masters observe in the transmission of this quality, its radiation and benediction is as follows:

Around the central Focus of flame representing its God-quality stand a number of liberated beings of light who consciously draw into themselves the essence of this flame in a rhythmic breath. They hold this breath for a given time and then breathe it out again in unison, holding it outside themselves and mentally projecting it to the periphery of the retreat's sphere of influence. They consciously add their own light and life to the essence of the flame during this transmitting process and the whole procedure is carried out with mathematical exactness, both with regard to the time and place of the receiving and transmitting stations as well as the breathing process itself.

Heretofore, as stated above, the subsidiary work has been carried on by chelas in the retreats not active, but now it is hoped that in the outer world sanctuaries, there will be found those students who will submit to

the training of thought transference and thus become active partners with the members of the Great White Brotherhood, whose service includes this activity. The timing of the activity as well as the placement of the individual or groups could be determined when we find enough students willing to cooperate with us in this world-wide benediction of the One God Flame.

Let me not forget to emphasize the importance of directing the soul (etheric body of student, Ed) towards the active retreat, consciously before entering sleep. For the impetus behind the directed will, like the power driving the engine, carries the consciousness toward its objective like a rocket, whereas those who are drawn hither through the magnetic pull established for this purpose, without the individual's application of self-conscious direction, proceed like a feather in the wind or a lazily drifting cloud in the sky and reach only the periphery of the active benediction.

The transmission of the flame is accomplished through the breath. The awakened student is taught the value of deep and rhythmic breath and it is through the conscious participation in thought, feeling and rhythmic breath that this cosmic blending of ascended and unascended consciousness takes place.

The opening of each retreat is attended with great pomp and ceremony at inner levels. For days before the great celebration, the brothers connected with the retreat draw forth all the beauty and artistic development that their Ascended Master Consciousness has at its command and it is always a surprise and a delight for the Masters to see the exquisite decorations that these blessed ones draw forth from life and yet there are never any two alike.

AN AID TO TUNE INTO THE ASCENDED MASTER RETREATS

By the Ascended Master El Morya

The purpose of these descriptions of the Ascended Master retreats is to widen the circle of the worthy chelas who daily visit them. Consciousness is your thought and feeling self, which is the accumulation of your experience in this and previous embodiments.

When you are asked to travel in consciousness to an Ascended Master retreat, a simple formula will take you there and also bring you back to the orbit of your personal world.

First: Determine which retreat or place you wish to visit. Nourish the outer mind through reading and contemplating upon the sphere or location which is to be your goal until you can close your physical eyes and picture your objective.

Second: Through illuminated faith, invoke any Ascended Master to take you (in projected consciousness) to the place you want to visit, often when your physical body rests, generating in your feelings the happy anticipation of such an association.

Third: Relax and let God through you render the service.

Fourth: Utilize the blessings you have received from the Ascended Masters whilst in their proximity by bring back into your own surroundings, and radiating forth, the God virtues, talents and gifts of the Ascended Masters and their foci of light for the blessing of others. In this way you balance your experience of receiving truth, by giving it forth to all who require more truth to set them free from every limitation.

Your utilization of the gifts received will determine how much of the actual God essence will be invested in you, upon your next trip to an Ascended Master retreat or focus of light.

BELOVED MAHA CHOHAN (OCTOBER, 1952)

I am nearer to you than you yet know through the activity of the outer mind, for it is one of the services of the Holy Spirit to provide the spiritual impetus which causes every newly born infant to draw in the first breath. Therefore, I was present at the birth of each of you within this room and—at the close of this embodiment—I shall also stand by your side as you return the final breath to the universal and leave the physical form to enjoy the immortal garments of your Electronic Body of blazing light.

Therefore, you will see how your use of breath is closely connected with the gifts of the Holy Spirit, and

that as you come to use that breath to bless life, you will find released from the essence of the ethers a certain substance which is both energizing and uplifting and which, for the most part, is not assimilated by the bodies of mankind.

The use of which mankind puts the breath of life, not only in one embodiment but through century after century, has done so much to cause the limitations in the physical garments they wear, as well as the density of the etheric envelope, for breath is holy spiritual life force which is given into the keeping of every man in order to expand the glory of God and will of his divine plan.

"I am, therefore, deeply appreciative of the fact that you have voluntarily chosen to contribute some of the breath of your own lifestreams to form the spiritual bridges over which the blessings and the currents of the retreats of the beloved brothers may flow.

Any lifestream can CONSCIOUSLY tune into the specific outpouring of the retreat which is currently active in the pattern for the twelve month. We are grateful to have an outpost of the Brotherhood whereby the sphere of influence of the retreat is actually re-created to pour out its vitalizing, uplifting, purifying rays. The currents flow from the retreat on the outgoing breath of the Masters and are drawn by the inbreath of the students and then expanded through the auras of the students into the atmosphere. It is beautiful to see the great Masters gathered together around the flame in the heart of the retreat, increasing that cosmic flame by their love and adoration. At a given moment, they all inbreathe the flame and hold it within the powerful center of their individual heart flame, and then as one, breathe it forth, directing it toward the chelas gathered as you are here tonight eager to receive it.

The flame from the heart of Suva has a golden center, but the periphery of its sphere of influence is electric blue. I shall join the Masters at Suva in sending that current across the vast expanse of the Pacific Ocean. Saint Germain and the Brotherhood at Mt. Shasta have agreed to accept it and redirect it across the continental United States to you here and to the group in Philadelphia, and Lord Maitreya with twelve of his pupils will stand in this sanctuary to help you to receive it, and then send it forth throughout the Western Hemisphere and eastward across the Atlantic. In Europe, Saint Germain's chelas in Transylvania will pick up the current and send it onward to Luxor, which will redirect it again to my retreat at Ceylon and from Ceylon, Morya and Kuthumi will bathe Asia in its gifts and return the current to Suva. This is our first "around the world" transmission. The Brothers taking the parts that we hope will soon be assumed by others belonging yet to the unascended mankind.

BELOVED SAINT GERMAIN (November, 1952)

Beloved Chelas:

I am eager to establish centers in those cities where good heart calls can be found. They will form the nucleus for the transmitting centers which the Maha Chohan desires to perfect for conducting the radiation of the retreats throughout the world. They will also be the foci into which we may draw individuals who are pointed out to us by the Silent Watchers of various localities as ready for the more than ordinary assistance of the Brotherhood in expanding their light. We are primarily interested in expanding the light within the souls of men at this time so that we may present to the Karmic Board sufficient manifestation of the efficacy of our plan and thereby secure additional dispensations at the January Council.

LORD MAHA CHOCHAN (September 19, 1953)

I greet you in the name of the voluntary dedication of qualified life which makes of you an honorary member of The White Brotherhood—whose purpose and service to the evolutionary scheme is to teach mankind how to *create* and *sustain* perfection.

When it has been said "there is no outer order of this Brotherhood", the truth which was meant to be conveyed in such a statement is that "there is no way to become a member except by the voluntary dedication of a portion of individual life to impersonal service whereby life, as a whole, might be blessed, purified, raised, transmuted and freed from shadows, limitation and distress of every kind."

It is one thing for an individual to signify an interest in spiritual knowledge because the pressure of personal discomforts prods the intelligence inherent within life to find a way and means of alleviating such unpleasant manifestations and such a desire is worthy of commendation, but when the intelligence voluntarily offers to apportion its daily gift of life to help the evolution of the entire scheme, such a one is accepted by the Brotherhood and becomes part of the living, breathing body of this Celestial Guardian Presence!

Your breath is qualified life, drawn into your body, clothed in the substance of your consciousness and breathed forth again to contribute to the heritage of the race, for good or evil, - according to the state of the consciousness from time to time. In the course of a natural day, the lifestream who is yet not master of his energy, qualifies the breath according to the mood of the moment. In periods of prayer, meditation, contemplation and decreeing, he offers that qualified life on the constructive side of life and in periods of individual confusions and struggles against the shadows of the appearance world, he offers that misqualified life to the sustaining of the creations of imperfection of the astral realm.

When the idea of asking for the qualified breath of the chelas to be contributed to forming a bridge of energy through which the flame of the retreats might be passed was conceived, we were fully cognizant of the opportunity afforded each such one of receiving back into the personal heritage of the lifestream that good karma for such preferred service. As you apply to the universal for breath, you are given a grant of pure life which enters through your nostrils the qualifying consciousness of your bodies. As you hold that breath within your physical body, your inner bodies pour the color of their consciousness into that breath, and as you exhale, the qualified breath becomes a bridge of actual energy which connects with the point of consciousness toward which you direct it. Over this bridge, the subtle energies of the qualified flame of the retreat flows, stepped down in vibratory action to a point where it can be felt and absorbed by the inner bodies of all mankind. I cannot emphasize too much the importance that lies within your qualification of this breath, and that is why it is wise to contemplate the color and activity of the flame and the specific service of the retreat so that you, in turn, qualify your breath with the same activity, and your own mental picture of the flame in the retreat activates that flame through your sanctuary, home and local environment.

**LETTER FROM THE ASSOCIATE EDITOR OF BRIDGE JOURNAL
TO STUDENTS, OCT. 1, 1953**

I earnestly PLEAD with each and everyone—no matter how difficult it seems—can we not JUST ONE DAY A MONTH, forget the likes and dislikes of the outer self, and regardless of any and all inconveniences, gather together with those in our vicinity who love the Light as much as we, and who are lending their energies through the release of their breath, to this world movement which is endeavoring to bring PEACE to all life on this planet forever! Think it over! It will be worth every effort you make, both from within and without your own being and will make SO MUCH possible for the Great Ones at this time. The time is short for accomplishment! The harvest is great, the laborers few, as is usually the case—then let the FEW OF US throw everything to the winds that is not the LOVE AND JOY OF GOD and give the Masters a WIDE OPEN DOOR through which they may come in person and, in that closer association set us all free much more quickly.

The beloved Maha Chohan recently explained that, without these "Transmission of the Flame" activities each month, it would be quite impossible for the Brotherhood to accomplish all that must be done within the twenty years allotted them. So you can see how very important these classes are.

LETTER FROM MAHA CHOCHAN TO FRANCES EKEY

Beloved Frances:

October 1, 1953

I am so vitally interested in the progress of the transmission of the flame around the earth, because my service to life is connected with the tying of the breath into the physical body at the time of birth and the releasing of the final breath from the body at the time of so-called death.

The USE of the breath in the course of the life determines the amount of vital essence that can be released to and through the individual from the finer ethers. Within these subtle ethers is the elixir of life, the secret of eternal youth and beauty and the purifying agency by which disease and decay are transmuted into immortality.

Mankind, for the most part, are not discriminate in what they INBREATHE nor what they OUTBREATHE into the universe.

When mankind voluntarily offers to contribute some of his breath to the forward progress of the race, it automatically receives from life a greater proportion of the gifts that lie within the substance of the air and ethers.

The forming of "The Bridge" from point to point across the face of the earth, by the VOLUNTARY CONTRIBUTION of the breath of certain students is a marvelous cosmic action of the law. Up to this point, we felt it enough for the students to concentrate upon the flame to be released and then attempt to regulate the rhythm of the breath so that the primal substance of the unified breath of the group might be molded by the Master Sponsor, directed by him and sustained by him, to form the conductor of the flame in the world wide circling of the globe. However, the intensity of the individual's interest, and the clarity of comprehension, make it possible for us to experiment with the further development of this endeavor, giving to the chelas the greater responsibility of drawing, absorbing, qualifying, directing and expanding the flame on the breath. We shall watch carefully to see how each one cooperates in this endeavor.

FOCI AND SPONSORS FOR TRANSMISSION FLAME CLASSES

(effective July 1952 through March 1954, Ed.)

RETREAT OR STUDENT FOCUS

Shamballa
Temple of Mercy, Peking
Australia
NE. of Suva
Retreat at Lake Titicaca
Mount Shasta
Rocky Mountain Retreat
Denver
Cincinnati
Cleveland
Erie
Harrisburg
Philadelphia
New York City
Long Island
New Bedford
Daytona Beach
Havana, Cuba
British Isles
Switzerland
Italy
Transylvania Retreat
Ascension Temple at Luxor
Arabian Retreat and Resurrection Temple
Retreats at Ceylon, Darjeeling, Kashmir
Canada

SPONSORS

Sanat Kumara
Kwan Yin
David Lloyd
Surya
God Meru
Saint Germain
Lanto
God Obedience (Mr. Ballard)
Mary
Jesus
Leto
Hercules
Victory
Lord Maitreya
Pallas Athena
Nada
Kuthumi
Maha Chohan
El Morya
God of the Swiss Alps
The Venetian
Oromasis and Diana
Serapis Bey
Lord Raphael, the Archangel
Djwal Kul
Vista (Cyclopea)

UNITED STATES OF AMERICA LIST OF SPONSORS

As of April 1, 1954

STATES		SPONSOR
New England States		Beloved Nada
Maine	Massachusetts	
New Hampshire	Rhode Island	
Vermont	Connecticut	
Middle Atlantic States		Lord Maitreya
New York	Delaware	
New Jersey	Maryland	
Pennsylvania	District of Columbia	
Southeastern States		Beloved Kuthumi
Virginia	South Carolina	
West Virginia	Georgia	
North Carolina	Florida	
Southern States		Beloved Victory
Tennessee	Louisiana	
Alabama	Texas	
Mississippi	Oklahoma	
Arkansas		
North Central States		Beloved Jesus and Mary
Kentucky	Minnesota	
Ohio	North Dakota	
Michigan	South Dakota	
Wisconsin	Nebraska	
Illinois	Kansas	
Indiana	Missouri	
Iowa		
Western States		God Tabor
New Mexico	Idaho	
Colorado	Utah	
Wyoming	Nevada	
Montana	Arizona	
Pacific States		Beloved Saint Germain
California	Washington	
Oregon		

LIST OF SPONSORS, OTHER COUNTRIES (as of April 1, 1954)

COUNTRIES

Alaska, Canada, Greenland
Mexico, Central America, West Indies
South America
Antarctic
Iceland, Arctic
British Isles, England, Scotland, Wales, Ireland
Iberian Peninsula: Spain, Portugal
Mediterranean Borderlands
Italy, France
Belgium, Denmark, Netherlands
Switzerland, Germany, Austria, Hungary
Poland, Czechoslovakia
Norway, Sweden, Finland, Baltic Countries
Greece, Romania, Bulgaria, Turkey, Yugoslavia
Africa, Madagascar
Union of Soviet Socialist Republics
Arabia, Persia, Western Asia
Northern Asia, China, Tibet, Mongolia, Siberia
Central Asia, India, Malaya Peninsula, East Indies
Australia, New Zealand
Pacific Islands, Philippines, Hawaii

SPONSORS

Beloved Vista (Cyclopea)
Lord Maha Chohan
God Meru
Beloved Hercules
Beloved Vulcan
Beloved El Morya
Beloved Archangel Raphael

Beloved Paul the Venetian
Beloved Saint Christine
Beloved Lord Michael

Beloved Leto
Beloved Hilarion
Beloved Serapis Bey
Beloved Lord Gabriel
Beloved Zarathustra
Beloved Kwan Yin
Beloved Djwal Kul
Beloved David Lloyd
Beloved Surya

PRESENT RETREATS USED FOR AMTF TRANSMISSION FLAME SERVICES

Student Location	Retreat visualized on the Inbreath	Retreat visualized on the Outbreath
Alaska	Mt. Shasta	Banff
British-Columbia	Mt. Shasta	Banff
Alberta	over Banff	Royal Teton
All other Canadian Provinces	Royal Teton	over New York and Long Island
AMTF Headquarters at Mt. Shasta	Suva	Mt. Shasta
Washington	Mt. Shasta	Royal Teton
Oregon	Mt. Shasta	Royal Teton
Idaho	Mt. Shasta	Royal Teton
Utah	Mt. Shasta	Royal Teton
Nevada	Mt. Shasta	Royal Teton
California	Mt. Shasta	Royal Teton
Montana west of Great Falls	Mt. Shasta	Royal Teton
All other US States	Royal Teton	over New York and Long Island
Mexico	Mt. Shasta	over Cuba
Central America	Mt. Shasta	over Cuba
Colombia	Mt. Meru	over Cuba
Jamaica	Mt. Meru	over Cuba
Venezuela	Mt. Meru	Luxor
All other South American Countries	Mt. Meru	Luxor
Africa	Mt. Meru	Luxor
All European Countries except as shown below	Liberte	Transylvania
Romania, Bulgaria, Greece, Serbia, Montenegro, Herzegowena, Albania	Transylvania	Crete
Spain	New York	Crete

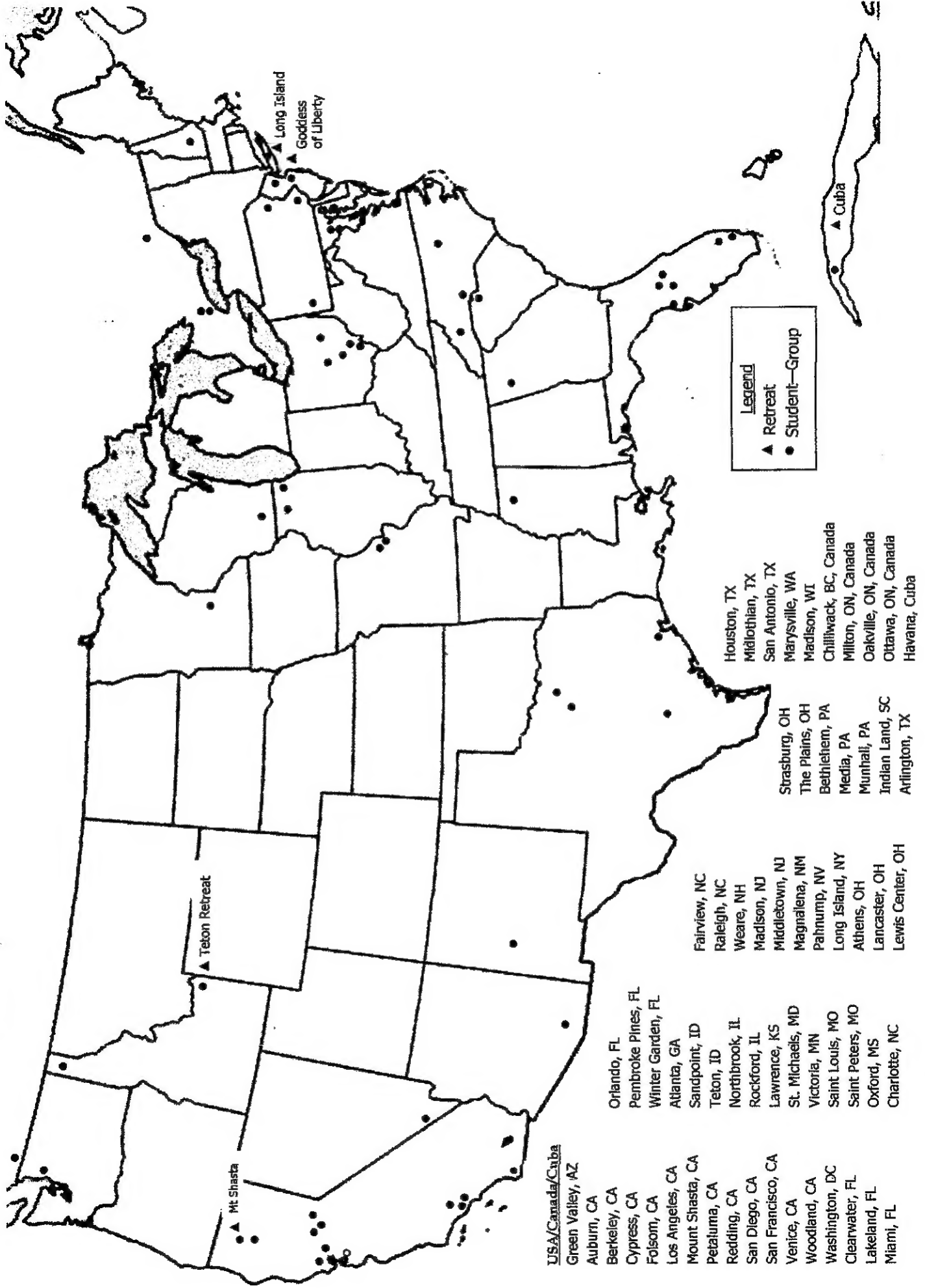
Description of Retreats/Foci

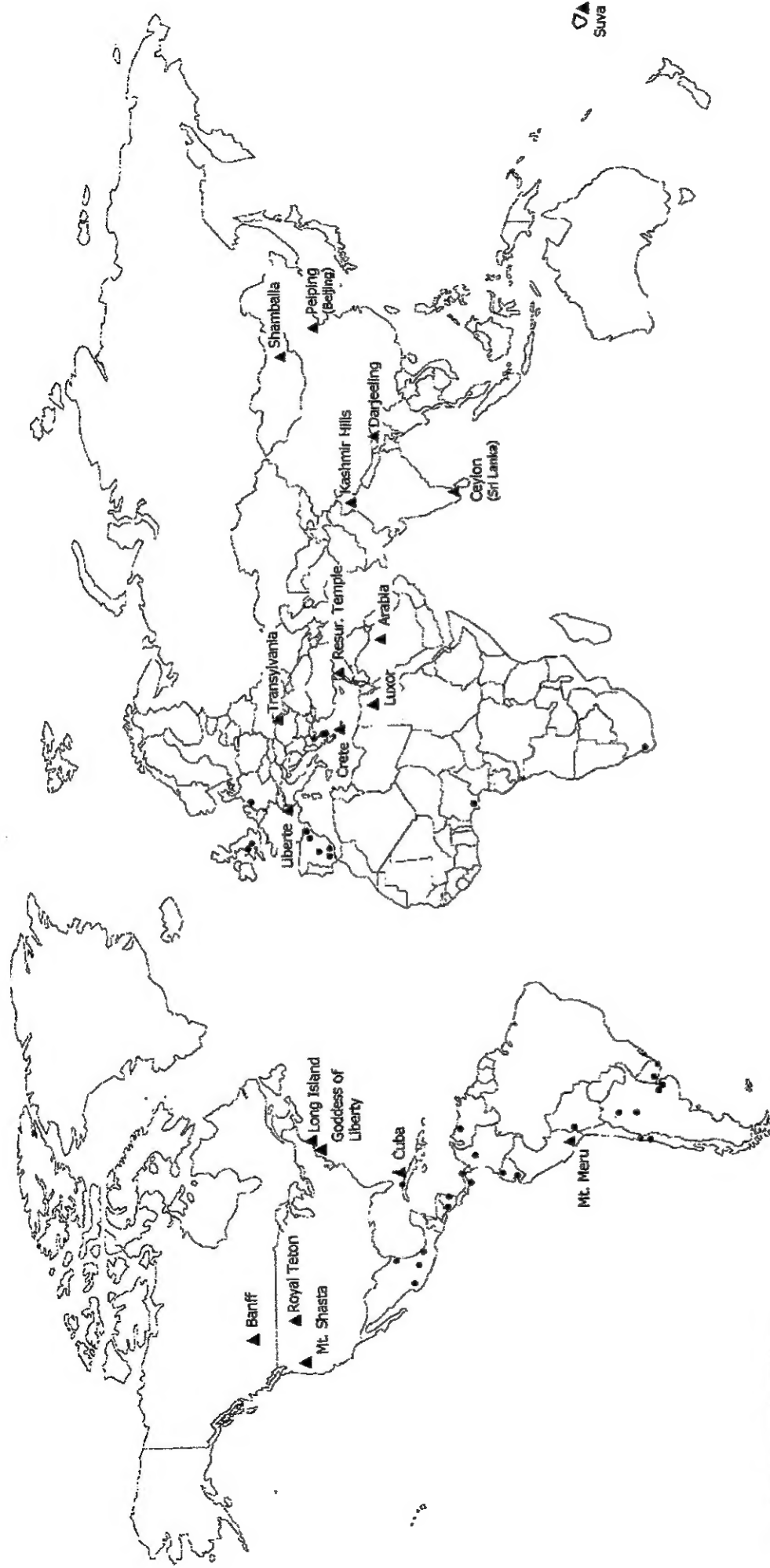
Resurrection Temple: Over Holy Land. Hierarchs Jesus and Mary
 Shamballa: Over Gobi Desert. Hierarch Lord Gautama Buddha
 Royal Teton: South of Yellowstone Park, Wyoming. Hierarch: Confucius
 Focus of Brotherhood at Mt. Shasta, under direction of Saint Germain: Northern California
 Retreat over Banff: Archangel Michael's Retreat, west of Calgary, Alberta, Canada
 Retreat over Cuba: Temple of Transmutation by Violet Fire. Hierarch: Archangel Zadkiel
 Mt. Meru: Temple of Illumination, near Lake Titicaca, Peru. Hierarchs: God and Goddess Meru
 Chateau De Liberte: Temple of Liberty, near Marseilles, Southern France. Hierarch: Paul the Venetian
 Focus of Goddess of Liberty: New York Harbor
 Temple of the Holy Spirit: An ancient focus over Long Island, New York
 Temple over Crete: Temple of Truth. Hierarch: Hilarion
 Transylvania Retreat: Carpathian Mountains, Romania. Hierarch: Saint Germain

Transmission of the Flam Map, May 2012, page 2 of 2

Locations for Ascended Master Teaching Foundation and Grupo Serapis Bey de Panama'

▲ Banff





Student-Group Locations

Buenos Aires, Argentina	Managua, Nicaragua	Marbella, Spain
Cordoba, Argentina	Port Harcourt, Nigeria	Sevilla, Spain
La Plata, Argentina	Chitre, Panama	Wheatley, Oxford, UK
Tucuman, Argentina	Panama City, Panama	Powys, Wales, UK
La Paz, Bolivia	Cape Town, South Africa	See other map for USA
Santiago, Chile	Barcelona, Spain	Montevideo, Uruguay
Valparaiso, Chile	Girona, Spain	Punta Del Este, Uruguay
Bogota, Colombia	Madrid, Spain	Caracas, Venezuela
Quito, Ecuador		
Vilcabamba, Loja, Ecuador		
Dinslaken, Germany		
Athens, Greece		
Thessaloniki, Greece		
Guadalajara, Mexico		
Mexico City, Mexico		
Monterrey, Mexico		
Veracruz, Mexico		
Leon, Nicaragua		

Legend

- ▲ Retreat
- Student-Group